Use the DOD Insect Repellent System.

- Treat uniform with permethrin clothing repellent BEFORE putting it on. Use the Impregnation Kit (NSN 6840-01-345-0237, one kit treats one uniform and the treatment lasts for the life of the uniform), OR Aerosol Can (NSN 6840-01-278-1336, one can treats one uniform and the treatment lasts through 5-6 washes). Follow all label directions.
- Apply a thin coat of long-lasting DEET insect repellent lotion to all EXPOSED skin. Use NSN 6840-01-284-3982. One application provides protection for up to 12 hours, depending on the climate. Follow all label directions.
- Wear uniform properly: roll sleeves down, tuck pants into boots, tuck undershirt into pants.
- Sleep under a permethrin-treated bed net.
- Take malaria prophylaxis pills if directed by medical authority.

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