

Quantitative Indicators of Tobacco Systems (QITS)

The Quantitative Indicators of Tobacco Systems (QITS, pronounced "quits") is an assessment tool to evaluate how the built environment and policies at MEDCOM facilities support tobacco free living. The QITS was developed by Army Public Health Center, and was adapted from evidence based civilian tools. The QITS is a part of the Creating Active Communities and Healthy Environments (CACHE) Toolkit, and is being used to assess the outcomes of the Tobacco Free Living (TFL) OPORD.

You are being asked to complete the QITS because you are the Action Officer for the TFL OPORD, and/or the Action Officer for the CCPS working group.

You may find it helpful to complete this PDF version of the QITS first, as many questions may not be easily answered without a policy review, help from an SME, or a spot check. You should then enter your answers into the QITS online survey to receive an automatic calculated score.

<https://usaphcapps.amedd.army.mil/Survey/se.ashx?s=25113745377ED1DE>

Background information

1. What installation are you assessing for?

Installation name: _____

2. What type of Army Medical Command (MEDCOM) Facility best describes your facility?

- Medical Treatment Facility (MTF)
- Veterinary Facility
- Dental Treatment Facility (DTF)
- Other (non-patient based MEDCOM facility/organization)

3. What is the name of the MEDCOM facility being assessed? (e.g. Madigan Hospital, Army Public Health Center)

Name (e.g. Army Public Health Center)

Building(s) (e.g. Building E-1570, E-1930)

Tobacco education resources

4. Does the MEDCOM facility offer tobacco cessation resources or information (resources both on the military installation and in the local community) both in hard copy and electronically to employees?
- Yes
 - No
5. Does the MEDCOM facility offer tobacco cessation resources or information (resources both on the military installation and in the local community) both in hard copy and electronically to patients?
- Yes
 - No
 - N/A - the MEDCOM facility does not see patients

6. Please describe what tobacco cessation resources or information is available to employees and/or patients.

7. In the past 12 months, did the MEDCOM facility advertise tobacco cessation resources? (on/off the installation or online services, could be posters, online postings, or pamphlets)
- Yes
 - No
8. In the past 12 months, did the MEDCOM facility provide healthcare providers training on the 2013 enhanced TRICARE Tobacco Cessation Service benefits?
- Yes
 - No

Clinical tobacco care

Note: If this MEDCOM facility does not treat human patients, please continue to Question #20

9. Does the MEDCOM facility treat human patients?
- Yes
 - No
10. Does the MEDCOM facility see adults, children, or both?
- Adults only (*Complete questions 11-15*)
 - Children (<18y) only (*Complete questions 16-19*)
 - Both children and adults (*Complete questions 11-19*)
11. Does the MEDCOM facility patients' tobacco use/nicotine use (i.e. e-cigarettes, etc.) as part of written checklist or screening used during routine health visits?
- Always (100%)
 - Most of the time (67-99%)
 - Sometimes (34-66%)
 - Rarely (1-33%)
 - Never (0%)
12. Does the MEDCOM facility assess patient's readiness to reduce/quit tobacco or nicotine use as part of a written checklist or screening used during all routine health visits?
- Always (100%)
 - Most of the time (67-99%)
 - Sometimes (34-66%)
 - Rarely (1-33%)
 - Never (0%)
13. Does the MEDCOM facility have a formal, standardized referral protocol in place to assist patients in reducing/quitting tobacco?
- Yes
 - No
14. Does the MEDCOM facility provide regular counseling about the harm of tobacco and nicotine use and exposure during routine health visits for tobacco users?
- Always (100%)
 - Most of the time (67-99%)
 - Sometimes (34-66%)
 - Rarely (1-33%)
 - Never (0%)

15. How does the MEDCOM facility track or monitor counseling about the harm of tobacco and nicotine use and exposure during routine health visits for tobacco users?

16. Does the MEDCOM facility assess infant/youth (0-59 months) exposure to tobacco smoke and nicotine vapor as part of a written checklist or screening used during routine health visits?

- Always (100%)
- Most of the time (67-99%)
- Sometimes (34-66%)
- Rarely (1-33%)
- Never (0%)

17. Does the MEDCOM facility assess child/adolescent (5-17 years) exposure to tobacco smoke and nicotine vapor as part of a written checklist or screening used during routine health visits?

- Always (100%)
- Most of the time (67-99%)
- Sometimes (34-66%)
- Rarely (1-33%)
- Never (0%)

18. Does the MEDCOM facility assess tobacco use among children aged 11-17 years during routine health visits?

- Always (100%)
- Most of the time (67-99%)
- Sometimes (34-66%)
- Rarely (1-33%)
- Never (0%)

19. How is tobacco use among children aged 11-17 assessed during routine health visits?

Tobacco policies

20. Does the MEDCOM facility have an established Tobacco Free Living (TFL) Policy?
An MEDCOM TFL policy includes restrictions of tobacco use in some way.
- Yes
 - No (*Skip to Question #35*)
21. Does the MEDCOM facility TFL policy include mention of a command climate that supports TFL?
- Yes
 - No
22. Does the MEDCOM facility TFL policy include a definition of tobacco free campus(es) that extends the tobacco free environment beyond the MEDCOM facility out to the adjacent roadways including parking structures and all lands contained within?
- Yes
 - No
23. Does the MEDCOM facility TFL policy include command support for employee tobacco use cessation services?
- Yes
 - No
24. Does the MEDCOM facility TFL policy include a working group to oversee policy implementation?
- Yes
 - No
25. Does TFL policy include language banning tobacco products, such as:
(Check all that apply)
- Cigarettes
 - Cigars
 - Pipes
 - Smokeless tobacco (snuff and chewing tobacco)
 - Electronic nicotine delivery devices (e.g. e-cigarettes, e-pipes, e-cigars)
 - Other _____
 - Guidance is not clear on what tobacco products are included in the policy

26. To whom does the TFL policy apply?

(Check all that apply)

- Military
- Civilians in a union
- Civilians not in a union
- Contractors in a union
- Contractors not in a union
- Local national employees
- Persons seeking healthcare (i.e. healthcare not yet received)
- Patients (i.e. healthcare being received)
- Visitors
- Personnel of other agencies and business operating within or visiting MEDCOM facilities and on campuses where MEDCOM facilities reside
- Other _____
- Guidance is not clear on who this policy applies to

27. Does TFL policy language include banning tobacco use in the presence of patients?

- Yes
- No

28. Does TFL policy language include banning tobacco during the duty day?

- Yes
- No

29. Does TFL policy language include banning tobacco while in uniform for Active Duty personnel?

- Yes
- No

30. In the past 12 months, how have **employees** been informed or introduced to this policy?

- Office memo
- Staff meetings
- Email communication
- Command social media communication (Facebook, Twitter, etc.)
- Command website information
- Signs/posters around campus
- Command announcements
- Word of mouth
- Other _____
- None - no information given in the past 12 months

31. In the past 12 months, how have **community members** been informed or introduced to this policy?

- Office memo
- Meetings
- Email communication
- Command social media communication (Facebook, Twitter, etc.)
- Command website information
- Signs/posters around campus
- Command announcements
- Word of mouth
- Other _____
- None - no information given in the past 12 months

32. In the past 12 months, how has the TFL policy been enforced?

(Check all that apply)

- On-the-spot correction for violators
- Systematically monitored compliance to policy (deliberate, routine and random oversight of violators)
- Supervisors counseled violators
- Utilized the table of penalties for violators
- Other _____
- None – This policy has not been enforced

33. In the past 12 months, has the MEDCOM facility assessed the effectiveness of the enforcement strategy and/or compliance of the TFL policy?

- Yes
- No

34. If yes, please describe how the enforcement strategy and/or compliance of the TFL policy has been assessed.

Tobacco environment

35. Has the MEDCOM facility established a Tobacco Free Medical Campus (TFMC)? A TFMC restricts tobacco use on MEDCOM facility campus in some way.
- Yes
 - No (*Skip to end of survey*)
36. Is the installation's primary function health related? (e.g. the former Walter Reed Army Medical Center)
- Yes
 - No
37. If yes, is the entire installation defined as a TFMC?
- Yes
 - No
38. What areas of the MEDCOM Campus are defined as tobacco free?
(Check all that apply)
- Any property or non-residential building that is operated, maintained and assigned to support medical activities
 - All other facilities in which medical activities or administration takes place
 - All internal roadways, sidewalks and parking lots
 - All sidewalks, parking lots and grounds external but adjacent to the building or related to the migratory corridors surrounding the medical facility
 - 50 feet or less from the facility, including the area surrounding any facility in which medical activities or administration is conducted
 - Other _____
 - Guidance on the definition of the MEDCOM campus unclear
39. Are there designated tobacco areas (DTAs) within the boundaries of the TFMC?
- Yes
 - No
40. Are there tobacco disposal receptacles within the boundaries of the TFMC?
- Yes
 - No

41. What percentage of DTAs and/or tobacco disposal receptacles are between 0 and 49 feet of the MEDCOM facility building(s)?
- 0%
 - 1-25%
 - 26-50%
 - 51-75%
 - 76-99%
 - 100%
42. Does the MEDCOM Facility post tobacco free campus standardized signage at the campus entrance from the roadways?
- All (100%)
 - Most (More than half)
 - Some (Less than half)
 - None (0%)
43. Does the MEDCOM Facility post tobacco free campus standardized signage at the campus entrance from the parking structures?
- All (100%)
 - Most (More than half)
 - Some (Less than half)
 - None (0%)
 - N/A - no parking structures
44. Does the MEDCOM Facility post tobacco free campus standardized signage at the campus entrance from the paths of ingress?
- All (100%)
 - Most (More than half)
 - Some (Less than half)
 - None (0%)
45. Does the MEDCOM Facility post tobacco free campus standardized signage at the campus entrance from the paths of egress?
- All (100%)
 - Most (More than half)
 - Some (Less than half)
 - None (0%)

Please enter your answers into the online QITS tool to receive your final score to identify areas of improvement for your MEDCOM facility.

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