Self-Development
Who can take self-development courses?

• Anyone with an Army CAC
• Or sponsored AKO account holders

PHC IH classes are aligned to the Army IH Competencies (below) which are used to identify needed knowledge, skills and abilities

All PHC IH classes, to include face-to-face classes, have an online/Blackboard presence

All current PHC IH class descriptions are available on the PHC Training page but enrollment is in Blackboard

Other DoD training sites: ATTRS, ALMS, DTMS, JKO, CP-12, CL3, PHC Training

Other GOV training sites: OSHA, EPA, CDC, FEMA
What are the Army IH Competencies?

Competencies represent requirements or skill-sets for the career program, series, and levels.

The IH career program, as well as positions of leadership and management within the series, require specific levels of competency in job performance.

Generally, competencies may be acquired through many sources, such as on-the-job training, Army Public Health Center courses, AMEDD Center and School courses, correspondence courses, collaborative distance learning, prior training or education, or self-development activities.

After careful review of IH core competencies set for other organizations including AIHA and ABIH, Army IH competencies were aligned with core competencies already established with the addition of new Army specific core competencies.

All APHC IH courses are aligned with an Army IH Core Competency and given within each IH course.

The Army IH self-development opportunities will better prepare Army IHs to attain ABIH credentialing.

Currently, Army IHs are required to demonstrate a minimum level of knowledge in the following competencies:
With new, well-defined IH competencies, Army IHs can plot a "roadmap" with appropriate training and development opportunities to facilitate the achievement of career goals. Industrial Hygienists can also address skill gaps with on-the-job training and mentoring.

The evolving field of industrial hygiene requires professionals stay relevant and maintain the knowledge, skills, and abilities to perform their duties.

The new Army IH core competencies align with related Knowledge Skills and Abilities (KSA). For each KSA, there is one or more terminal learning objectives (TLOs).

PHC IH training course content supports the TLOs.

Every course, lecture, or class has a set of objectives called Enabling Learning Objectives (ELOs) that directly align with the TLO which in turn supports a KSA which aligns with a core competency.

Aligning the Army IH competencies with the AIHA/ABIH strategy will provide integrity and well trained professionals in the 690 and 640 series.