1. In locations outside of the United States, host nation policy and guidance should inform disposition of cases.
2. Testing refers to nucleic acid tests (PCR) or antigen tests, not serology (antibody) tests.
3. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications (e.g., acetaminophen, ibuprofen).
4. Other symptoms resolved (e.g., cough, shortness of breath, fatigue, muscle/body aches, headache, new loss of taste or smell).
5. Management of individuals with severe or critical illness or individuals who are immunocompromised should be done in consultation with infectious disease experts, as they may need to isolate for at least 20 days.
6. The CDC does not recommend quarantine of asymptomatic Close Contacts that have been diagnosed with COVID-19 by either a positive RT-PCR test for SARS-CoV-2 RNA within the last 90 days, or a healthcare provider based on their symptoms, and 90 days or less have passed since their symptoms began.
7. After close contact with a COVID-19 case, testing is not required for individuals who are fully vaccinated (14 days or more post-completion of their COVID-19 vaccination). Similarly, testing is not recommended for individuals who are fully recovered from a laboratory-confirmed diagnosis of COVID-19 within the past 90 days. All of this is provided the close contact individual remains asymptomatic.
8. For travel within the United States, individuals and providers should follow the local military installation, State, and local government travel restrictions and guidance for testing. For international travel, exceptions to travel-related testing are for individuals who are fully recovered from a laboratory-confirmed diagnosis of COVID-19 within the past 90 days. Of note, individuals who are 14 days post-completion of COVID-19 vaccination only have an exception for pre-travel viral testing prior to travel from the United States to a foreign country. All of this is provided the individual remains asymptomatic after travel.
9. Option to reduce or extend the duration of quarantine in special circumstances (such as reducing quarantine with or without viral testing based on local conditions).

For current COVID-19 information:
https://phc.army.mil/covid19
https://www.coronavirus.gov/

The Military Health System Nurse Advice Line is available 24/7:
Call 1-800-874-2273 option #1
or visit https://www.health.mil/1-Ann-A/Media/Media-Center/NAI-Day-at-a-glance

For more information, contact your installation’s Department of Public Health

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