COVID-19 Risk Reduction
Tips for In-House Facilities Maintenance

- COVID-19 primarily spreads through person-to-person close contact (less than 6 feet).
- Maintenance workers will not be in close contact with residents.
- Becoming infected after touching a surface contaminated with coronavirus is not thought to be a main way of spreading the disease.
- Residents will conduct routine maintenance operations (e.g., HVAC filter changes, changing light bulbs, etc.) with guidance from, and materials delivered by the housing authority.
- The housing authority will assess whether in-house maintenance is required due to emergency, life/health/safety or urgent work needs.

Information for Workers
- considered low risk for exposure as they will not be in close contact with residents
- no additional personal protective equipment (PPE) is recommended beyond that which would normally be used for the job
- work under the assumption that any housing unit may be contaminated with coronavirus
- wash or sanitize hands at least before and after entering the residence and practice social distancing (minimum 6 feet) from residents
- monitor your health and call your chain of command if you have any of these symptoms:
  - runny nose
  - headache
  - cough
- stay home if you are sick

Information for Residents
- let the housing authority know if you are ill and in need of maintenance
- clean and disinfect frequently touched surfaces (tables, door-knobs, light switches)
- open windows and air out your residence (if possible) before workers enter
- if workers must enter your residence for maintenance do not approach them, (do not hold the door for them to enter, shake hands, etc.) and keep at a distance of at least 6 feet
- keep all household pets in a secure area
- monitor your health and call your health care provider if you have any of these symptoms:
  - runny nose
  - headache
  - cough
- a general feeling of being unwell
  - sore throat

References
https://www.osha.gov/SLTC/covid-19/

For current COVID-19 information:
https://phc.amedd.army.mil/covid19
https://www.coronavirus.gov/
The Military Health System Nurse Advice Line is available 24/7:
Call 1-800-874-2273 option #1
or visit https://www.health.mil/I-Am-A/Media/Media-Center/NAL-Day-at-a-glance
For more information, contact your installation’s Department of Public Health.

Approved for public release; distribution unlimited.