

COVID-19:

Guidance for Clearing Individuals with a History of Confirmed or Presumed COVID-19 Infection to Return to the Workplace

Use one of two strategies to clear an individual to return to the workplace (see reference 1 for complete guidance):

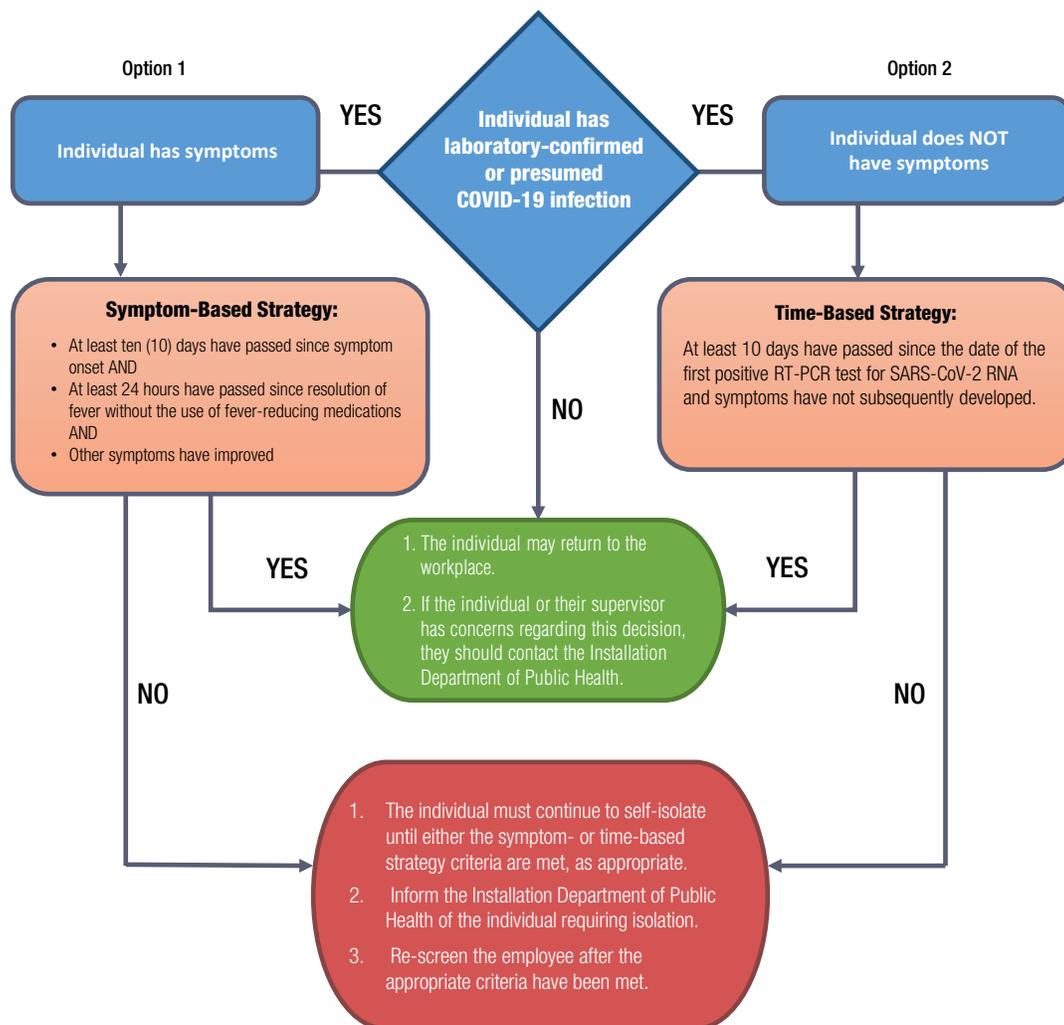
- the symptom-based strategy for individuals with presumed or confirmed infection and symptoms (option 1)
- the time-based strategy for individuals with confirmed infection, but no symptoms (option 2)

Note: The test-based strategy is no longer recommended.

Strategies are not to be employed in succession or otherwise combined.

Individuals should not return to the workplace unless cleared.

Always follow guidance from your medical provider and local, state, and federal public health authorities.



Reference:

1. APHC, "Guidance for Clearing Personnel to Return to the Workplace" <https://ephc.amedd.army.mil/HIPECatalog/viewItem.aspx?id=1833>
2. APHC, "Guidance for Discontinuing Isolation in a Non-Healthcare Setting" <https://ephc.amedd.army.mil/HIPECatalog/viewItem.aspx?id=1801>



For current COVID-19 information:

<https://phc.amedd.army.mil/covid19>
<https://www.coronavirus.gov/>

The Military Health System Nurse Advice Line is available 24/7:

Call 1-800-874-2273 option #1
or visit <https://www.health.mil/I-Am-A/Media/Media-Center/NAL-Day-at-a-glance>

For more information, contact your installation's Department of Public Health.



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Army Public Health

The Army COVID-19 Information Hotline:

1-800-984-8523
Overseas DSN 312-421-3700
Stateside DSN 421-3700