Tips for keeping a **healthy home**

- **MAINTAINED**: Inspect, clean and repair your home routinely.
- **WELL VENTILATED**: Ventilate your home with fans, especially bathrooms and kitchens. When feasible, open windows for fresh air.
- **SAFE**: Store poisons away and be sure your home is child-proof. Install smoke and carbon monoxide detectors and keep fire extinguishers on hand.
- **CLEAN**: Reduce clutter and use effective cleaning methods.
- **CONTAMINANT FREE**: Check your home for lead related hazards, and radon levels.
- **DRY**: Prevent water from entering your home by checking roofing systems and indoor plumbing.
- **THERMALLY CONTROLLED**: Maintain adequate temperature to decrease risk of extreme cold or heat.
- **PEST-FREE**: Seal cracks and openings throughout your home and store food in pest-resistant containers.