



General Continuing Medical Education Information For FY17 Army Medicine Campaign Research to Practice Education Series

12 December 2016 – 18 September 2017 | Defense Health Headquarters
Falls Church, VA
Provided By: U.S. Army Medical Command

Activity ID: 2017-0001

Course Director: Dr. Michelle Chervak

CME Planner: Kimberly McCoy-Stafford, MSPH, MCHES

Accreditation Statement: The U.S. Army Medical Command is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit Designation: The U.S. Army Medical Command designates this Live Activity should be approved (by the end of FY17) for a maximum of 5 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Statement of Need/Gap Analysis

The purpose of this CME activity is to address the identified gap(s):

1. A knowledge gap exists in understanding the current research and evaluation on a variety of military-relevant health topics including injury prevention, physical activity, nutrition, sleep, and other health promotion initiatives (e.g. tobacco cessation). This is evidenced by the low number professional development opportunities through which dissemination of research and evaluation findings on these topics to clinicians and public health professionals are provided throughout the Army.

Learning Objectives

1. Explain emerging lessons learned from military-relevant medical research and public health investigations to inform physicians, other medical staff, and health promotion professionals on a variety of injury prevention and behavior health topics essential to the optimal performance and health of Soldiers.
2. Explain requirements for optimal performance to a variety of providers across the Army through accessible online presentations.
3. Discuss injury prevention and performance optimization applicable to providers' essential job functions.

Target Audience / Scope of Practice

Target Audience: The intended audience for this activity includes medical providers (such as physicians, nurses, dietitians, and physical therapists), their staff, health promotion professionals, and other public health professionals.



Scope of Practice: This activity provides the latest information on evidence-based practices and research outcomes related to injury prevention, physical performance optimization, and health promotion.

Policy on Disclosure

It is the policy of the U.S. Army Medical Command that all CME planning committee/faculty/authors disclose relationships with commercial entities upon invitation of participation. Disclosure documents are reviewed for potential conflicts of interest and, if identified, they are resolved prior to confirmation of participation.

Disclosure of Faculty Relationships

Faculty Members **Session 1: 12 December 2016**

- Coyner, Jennifer - No information to disclose.
- Crombie, Aaron - No information to disclose.

Committee Members

- Chervak, Michelle - No information to disclose.
- McCoy-Stafford, Kimberly - No information to disclose.
- Stephen, Mellina - No information to disclose.

Acknowledgment of Commercial Support

There is no commercial support associated with this educational activity.

This is a required handout. It must be disseminated to each learner prior to the start of the Education Series/Activity.

Upon completion of this activity, log on to the CME Website at <https://education.mods.army.mil/cme/secured> to obtain a physician or non-physician certificate. From the home page, click on the 'CME User Accounts' portal then login. Complete the Series/Activity Evaluation and Request for Credit Form and submit. For assistance, you may contact the Series/CME Planner, Kimberly McCoy-Stafford, at kimberly.a.mccoy-stafford.civ@mail.mil or (571) 529-0831.

** The U.S. Army Medical Command supports the Americans with Disabilities Act. Please contact the Series Administrator for any special request. **



Session 1 Agenda: 12 December 2016		
Time	Topic	Presenters
13:00 - 13:30	Impact of SOF DFAC Menu and Labeling Modifications	MAJ Aaron P. Crombie, PhD
13:30 - 14:00	Differential Expression of Phosphorylated Mitogen-activated Protein Kinase in the Amygdala of Mice	COL Jennifer Coyner, PhD

Presenter – Area of Expertise

Session 1: 12 December 2016

MAJ Aaron P. Crombie, PhD

MAJ Crombie has served in a variety of clinical dietetics and foodservice management related positions to include duty stations at Brook Army Medical Center and as Chief, Nutritional Medicine at Fort Polk, LA. MAJ Crombie served in research capacity while assigned to USARIEM at Fort Bragg, NC, and Natick, MA, supervising research protocols related to field and garrison Soldier feeding.

COL Jennifer Coyner, PhD

COL Coyner is an Active Duty Army Certified Registered Nurse Anesthetist (CRNA) with over 22 years of experience as an ANC Officer. She earned a PhD in Neuroscience in 2013 and she is currently serving as the Director of the Army's Nurse Anesthesia Program at Fort Sam Houston, TX. COL Coyner's research focus is long-term fear memory formation.